Ingredients:
- 1 banana
- \( \frac{1}{2} \) tablespoon olive oil
- 1 tablespoon honey
- \( \frac{1}{2} \) teaspoon cinnamon
- \( \frac{1}{8} \) teaspoon salt
- Peanut butter for drizzling (as desired)

Directions:
1. Remove the peels from the banana and slice into half inch thick slices.
2. Set a nonstick skillet over medium to medium high heat and add the oil or butter, honey, cinnamon, and salt. Lay down your banana slices, and fry for 4-5 minutes on each side. Be sure to watch the heat and turn it down if it browns too quickly.
3. Drizzle with peanut butter, top with nuts, chocolate chips or coconut!