Apple Yogurt Cinnamon Pancakes
Cheap, fast and healthy, Feb. 13th

Ingredients:
- 1 egg
- 1 cup plain Greek yogurt
- 1 Tbsp. canola oil
- 1 cup flour
- 1 Tbsp. sugar
- 1 tsp. baking powder
- ½ teaspoon baking soda
- 1 tsp. cinnamon
- Pinch of salt
- Cooking spray
- ½ cup thinly sliced apple

Directions:
1. Cut up apples and set aside
2. Combine eggs, yogurt, and oil in a blender until smooth
3. Add flour, sugar, baking powder, baking soda, cinnamon, and salt to yogurt mixture and blend
4. Prepare a hot griddle with cooking spray
5. Ladle about 1/3 cup of the mixture onto the griddle
6. Sprinkle the pancakes with apple slices and cook until bubbles form in the pancake
7. Flip over and cook until golden brown
8. Serve plain or with syrup

Servings

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