CULINARY CORNER

Accepting Reservations

UND.edu/culinarycorner
What do you want to know about cooking and nutrition? Our friendly instructors will capture your interest through informative talks on nutrition, hands on learning, or a cooking demonstration with tasty samples. The possibilities are endless! You won’t want to miss out on our one of a kind packages.

Reservation are available to the UND & Grand Forks Community!

Reservation fee: $95 + cost of groceries
Event Length: Up to 2 hours led by a knowledgeable instructor
All classes must be booked ONE MONTH in advance

AN OLD TIME COOK OFF
Break up into teams and battle one another as you see who can cook up the BEST tasting dish.
Pick from any of these tasty cuisines
- All American
- Asian/Thai
- Cajun
- Desserts

WHAT’S COOKIN’ IN NUTRITION
- Nutrition Trends
- Easy Healthy Meals
- Meal Prep Tips
- Picky Eaters
- Food Allergies
- Cheap Meals
- Sports Nutrition

For more information, visit UND.edu/culinarycorner.