Ingredients
- 1 ½ c. half and half
- 1 tsp. beef base
- 1 tbsp. + 1 tsp. flour
- 2 tbsp. onion chip dip or sour cream
- 1 tsp. ketchup
- 1 tsp. soy sauce, optional
- 1/8 tsp. black pepper

Directions
Whisk flour into the half and half, add other ingredients. Bring to a boil on medium heat, stirring constantly so it doesn’t stick or scorch. When it thickens, it is ready. Either add the meatballs to the gravy and simmer until the meatballs are hot. This freezes well, so you may place meatballs in gravy into sealable freezer bags and have them ready for a quick microwave meal.

*ground turkey or chicken may be substituted for the ground beef and pork sausage, but you may have to add more liquid if the mixture seems dry when forming meatballs or meatloaf.