Peanut Butter French Toast
Sports Nutrition, Feb. 21st

Ingredients:
• 1/2 cup milk
• 3 eggs
• 1/4 cup peanut butter
• 2 tablespoons white sugar
• 1/2 teaspoon vanilla extract (optional)
• 1/4 teaspoon ground cinnamon
• 1 tablespoon vegetable oil
• 6 slices bread

Directions:
1. Whisk together milk, eggs, peanut butter, sugar, vanilla extract, and cinnamon in a large bowl.
2. Heat the oil in a griddle or frying pan over medium heat.
3. Dunk each slice of bread in egg mixture, soaking both sides. Place in pan, and cook on both sides until golden, about 3 to 4 minutes per side. Serve
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