Upside-Down Blueberry Pancake Recipe

28 min | 10 min prep

SERVES 4 - 6

- 1 cup pancake mix (I use Bisquick)
- 1/2 cup milk
- 1 egg
- 2 tablespoons butter
- 1 (16 ounce) can blueberries, well drained

1. Preheat oven to 350F.
2. Combine pancake mix, milk and egg; set aside.
3. In a 10-inch pie plate (in oven) melt butter and remove from heat.
4. Spoon berries in bottom of pie plate.
5. Carefully pour batter on top.
6. Bake 18 minutes or until top springs back when tapped.
7. Loosen edges and invert onto serving plate.
8. Cut into wedges and serve with maple syrup.
9. NOTE: This simple breakfast can be made with almost any fresh, frozen or canned fruit.
10. Just be sure to drain well.